



Newton-Wellesley Family Pediatrics
Boston Children's
Primary Care Alliance

Charles D. Brown, PhD

Licensed Psychologist Health Care Provider
Nationally Certified School Psychologist

2000 Washington Street, Suite 468, Newton, MA 02462
617-965-6700 | fax 617-965-6700 | nwfpediatrics.com

Mental Health Services at Newton Wellesley Family Pediatrics

NWFP offers mental health consultations to patients of NWFP and their families throughout childhood, adolescents, and young adulthood.

This is the first stop for mental health care.

Services include:

- Consultation to families and to medical staff
- Assessment
- Short-term solution-focused therapy (1–15 sessions), patients return periodically as needed.
- Individual and/or family meetings
- Parent counseling
- Treatment planning and determining *the best services for you/your child*
- Support is provided to families as they seek additional behavioral health services in the community
- Consultation to families regarding school and learning issues.

Important information about mental health services at Newton Wellesley Family Pediatrics

- The first session is a 30 minute consultation.
 - For children 12 years old and younger, the initial meeting is with parents(s) alone to help define the concern and make plan for the assessment.
 - Children 13 – 16 years old should be accompanied by a parent or guardian for the first session. Patients who are 16 and 17 years old may come to the initial meeting alone, if they choose.
 - Patients 18 and older are adults and will be seen individually
- Sessions are 30 or 45 minutes depending on need.
- Virtual visits need to be from a quiet, private space.
- All behavioral health services will include parent meetings throughout the course of treatment. Patients 18 + have the option not to include their parents in the treatment.

Please call Charles D Brown PhD (Dr Charlie D) if you have any questions: Phone # 617-965-6700

—Dr. Charlie D