

Research Assent Form

We want to tell you about a research study we are doing. A research study is a way to learn more about something. We would like to find out more about how you and your parent use an app to track symptoms of your rheumatic disease. You are being asked to join the study because you have a rheumatic disease that started during childhood.

If you agree to join this study, you and your parent will be asked to answer questions about how you are feeling.

By taking part in this study, you or your parent may feel bored or uncomfortable answering questions. It is okay to skip questions if you want. There is a chance that someone may see your personal information, but this is unlikely.

You will receive feedback on how your rheumatic disease is doing over time. You will get feedback about your mental health, especially symptoms of depression or anxiety, and how this compares to otherwise healthy children. If you report high levels of depression or anxiety, we will notify your parent. We encourage you to speak with your parent about how you are feeling, and will provide you with a list of mental health resources that you can access from within the app.

The information you enter in the app can be seen by somebody who uses your phone. That means that if your parents know the passwords for your phone and vRheum app, they could see your answers. If you use the app on your parent's phone, they could see your answers as well.

We do not know if being in this study will help you. However, we hope to learn how apps such as this one may help to improve your medical care.

You do not have to join this study. It is up to you. You can say okay now and change your mind later. All you have to do is tell us you want to stop. No one will be mad at you if you don't want to be in the study or if you join the study and change your mind later and stop.

Before you say yes or no to being in this study, feel free to ask your parent any question you may have about the study.

If you have other questions about this study please feel free to contact:
vRheum@childrens.harvard.edu.

By completing the app enrollment and typing your name, it means that you agree to take part in this research study.